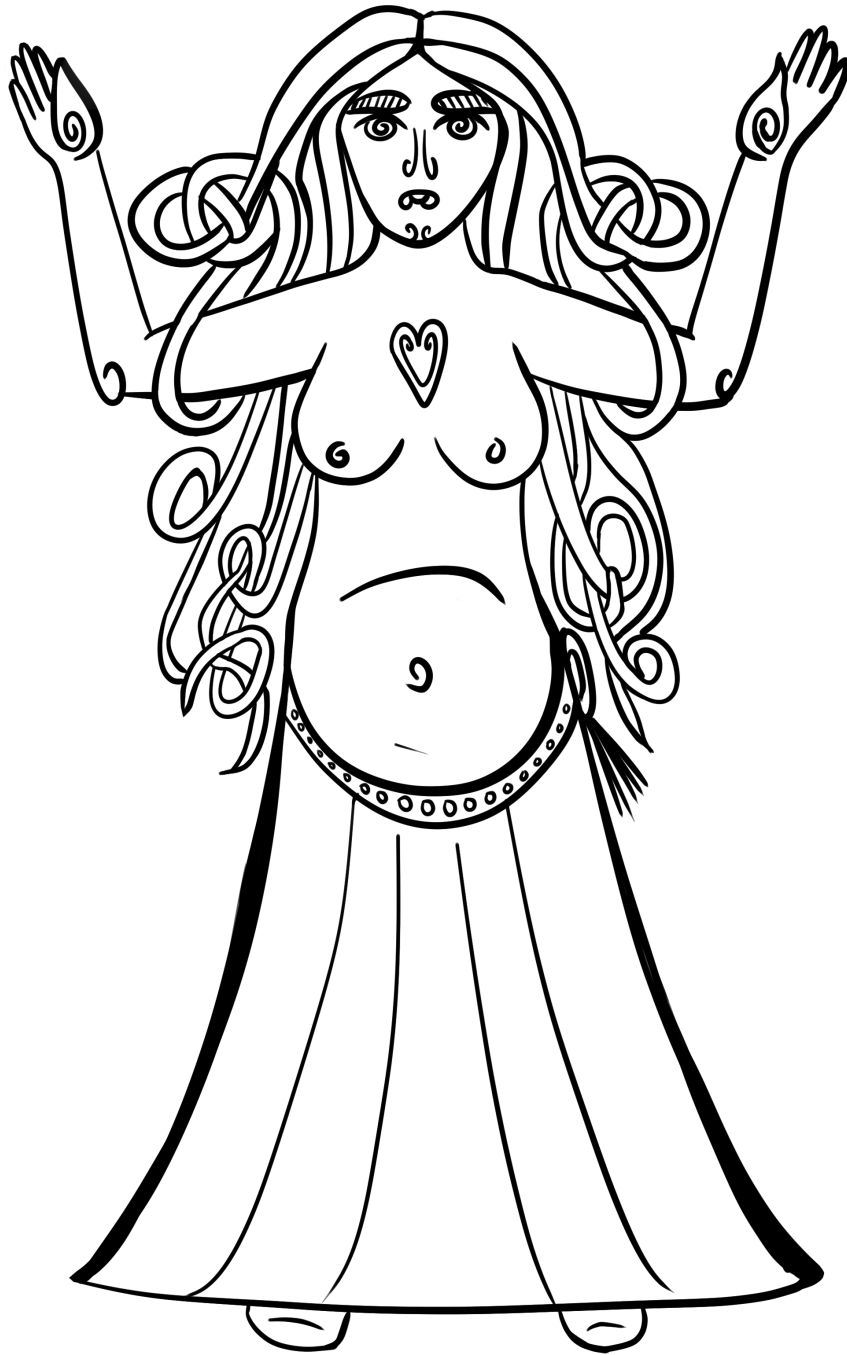


RUNE CARD DECK



CONGRATULATIONS ON ACQUIRING YOUR DECK OF RUNES

Welcome dear walker of the wyrd.

Welcome on the path to victory, the path through pain and discomfort, through trial and adversity. The path to your victory.

THE PATH OF THE RUNES.

This rune deck is designed to be used the same way as rune stones, simply, every day, in simple straight forward ways.

Keep it Simple S.....

Kiss.

This is the guiding principle of the runes. They will point towards energy that is around you when you draw them. They are drawn to the energy of your question. This means that they won't give you solutions but work more like a map or compass showing you the way to the desired outcome.

QUESTIONS

Asking good questions is important in talking to your runes. Ask open ended questions, not closed questions. For example:

Will I get this promotion? Bad, its yes no.

What attitude do I need to go into the room with when I ask this question? Good. Gives the runic energy something to grasp hold of.

Should I buy the car? Bad, its binary, yes no.

What benefit would I get from buying this car? Good, gives the runes a story to build.

And that is what you are doing, you are building the narrative of your life with your rune cards. Building flavour and guidance to the story. No one likes a yes no, if you need that flip a coin. Build the story. Its far better to say 'By buying this car you will delve into the darkness of the unknow and push through to the other side, it may not be easy, but it will be worth it.' Apposed to 'no, don't buy the car'.

Build *your* story.

MORE INFO

If you want more in-depth interpretations of the runes, or other ways to draw them, please refer to my book *Runes Made Easy*, and *The Book of Runic Astrology*. Those two works build deep connection to the runes and help you develop your rune practice.

www.richardlister.com/books is where you'll find more info

and now...

on to the runes.



FEHU

WHEN FEHU SHOWS UP

Are you being nudged not to hoard your wealth?

What could you do to expand your wealth?

Check your reputation. What's going on there?

When Fehu appears in a rune cast, it implies that wealth and a good reputation are available and that you need to take action in order to attract them. There's a good chance you'll have to work for them, like those who went before. Fehu does not come to those who sit idle.

AFFIRMATION

'When I share what I have, I become wealthier.'



FEHU

abundance

URUZ

WHEN URUZ SHOWS UP

Where is the strength?

Where is the power?

Is there stubbornness here? Is it beneficial?

How is the primal energy manifest?

When Uruz shows up in a rune cast, it brings the idea of strength. Of power. It indicates that power and strength are either present or required. Depending on the question, you will know what thread of the Wyrd the rune has attached itself to.

AFFIRMATION

'I have all the strength I need already within me.'



THURIZAZ

WHEN THURIZAZ SHOWS UP

Who is lacking focus?

Where is power being directed?

Where is cutting energy needed?

How is there piercing energy?

Thurizaz is as pointy as a thorn. In its positive aspect, it implies direct action and focus, with a leaning towards the action. When not used with focus, or not bound by strong morals, however, it does have the potential to be seen as a chaotic and unfortunate rune.

AFFIRMATION

'I am focused. I am strong.'



THURIZAZ

focus

ANSUZ

WHEN ANSUZ SHOWS UP

Where is creativity needed?

When is inspiration lacking, or present?

How is the voice being used?

Why are words being misunderstood?

Who is manipulating the situation?

Ansuz is communication, language, song ... and manipulation.

When you see this rune appear, in nature or in man-made structures, be aware of what is being said and spoken around you. Is it benevolent, is it manipulative? How it's being said is almost as important as what is being said.

AFFIRMATION

'My words are my magic.'



RAIDO

WHEN RAIDO SHOWS UP

Where could a journey take you?

When could you go?

How could you seek adventure?

What could you experience?

Who could help you?

Raido in a reading implies an impending journey or the yearning for one – the spirit of adventure, of freedom.

The challenge that Raido can present is the opposite: the stagnation of inaction. Take note of the context in which it shows up.

AFFIRMATION

'The adventure offers growth and opportunity.'



KENAZ

WHEN KENAZ SHOWS UP

Where is the darkness in this situation?

Who is in the darkness? Who is shedding the light?

What is hidden?

Where can the light be most effective?

Why is the darkness causing problems?

Kenaz implies there is something hidden that you need to illuminate. It may have been hidden deliberately. The context of the question will help to define what it is or where it is.

AFFIRMATION

'I can see what is hidden.'



KENAZ

explore



WHEN GEBO SHOWS UP

Why would you give/receive a gift?

Where would the gift come from?

What gift would enhance your reputation?

Who would get the most from the gift?

When would the gift be most appreciated?

In a reading, Gebo suggests that there is an opportunity to build trust and good relationships. Be aware of the context, though, as the challenge of Gebo is jealousy or want. Gebo in a draw can mean either an abundance or a lack of trust.

AFFIRMATION

'I am worthy of receiving.'



WUNJO

WHEN WUNJO SHOWS UP

When are you most content?

What do you need to put in place to feel safe?

Who can help you feel content?

Why are you lacking this Wunjo energy?

Where would you like to bring the energy of Wunjo?

In a reading, Wunjo implies the answer to the question will require an aspect of comfort or relaxation. This could be the way to solve the problem or what will happen when the question is answered.

AFFIRMATION

'I am everything I need.'



HAGALAZ

WHEN HAGALAZ SHOWS UP

Sudden change is happening/coming.

Brace yourself for a new experience.

Be ready to adapt and learn.

Challenge breeds growth.

Hagalaz in a reading is much like the Tower card in the Tarot. It means change – quick, aggressive and total change. But not with any particular malice. Be aware of clues hidden in the question that may show you where this change may be found.

AFFIRMATION

'I am able to change and adapt with the situation.'



NAUTHIZ

WHEN NAUTHIZ SHOWS UP

Where are your needs not being met?

What do you need to move forward?

Where is there a fundamental lack?

How is the general feeling? What does it need?

Nauthiz in a reading implies a need to act, be it physically or emotionally or spiritually. Inaction would benefit from being a choice, not a lack of choice. See where the question implies a need not being met. Nauthiz will indicate the action to resolve that.

AFFIRMATION

'I've got this.'



ISAZ

WHEN ISAZ SHOWS UP

What is confusing you?

Is there a glamorous distraction?

What is locked solid and needs to move?

What is moving and needs to be solid?

Isaz is one of those energies that could potentially show up all over the place, and if you chose, you could see it everywhere. Perhaps a better idea would be to take note when things happen with the energy of Isaz. When you discover the energy, you can then look for the rune in your world.

AFFIRMATION

'I am true to myself.'



JERA

When Jera shows up

What needs more energy in order to be completed?

Where is there a harvest you have not claimed?

Where are there loose ends you need to tie up?

What needs more time?

What are you rushing?

Jera in a reading brings the idea of completion or harvest to the question.

Things may be ready for you to act on or ready to for you to complete and move onto the next thing. 'Ready' is a good word with Jera.

AFFIRMATION

'All things come to fruition at the correct time.'



JERA

harvest

EIHWAZ

WHEN EIHWAZ SHOWS UP

Where is energy needed?

Where is energy being held onto needlessly?

What new energy can be held?

Where is there the potential to release energy in a meaningful way?

In a reading, Eihwaz is the connection to the energy of your choosing, or the question. Yet again, context matters here. What can be released? What can be retained and carried? See where this duality can be harnessed in the other runes in the reading.

AFFIRMATION

'I am master/mistress of my own energy.'



PEROTH

WHEN PEROTH SHOWS UP

Peroth in the wild is a sign of changing fortunes. So, check whether you are relying too heavily on your luck to move you forward and see where you can build it up or reduce that over-reliance. Remember, the Norns are capricious, and if they see you resting on your laurels, they will knock your feet out from under you.

AFFIRMATION

'I am able to choose the fortune that favours me.'



ALGIZ

WHEN ALGIZ SHOWS UP

Where are your boundaries?

What barriers do you have in place that are stopping you from doing what you want to do?

How is your creative use of tech or nature manifesting?

Where are you being too defensive?

Where are you not being defensive enough?

In the wild, Algiz suggests that there might be boundary issues going on for you. These could be emotional, physical, professional or personal.

AFFIRMATION

'I set and maintain my own boundaries.'



ALGIZ

boundaries

SOWELO

WHEN SOWOLIO SHOWS UP

Where is guidance needed?

What is your goal?

Why are you on this path?

In the wild, Sowolio showing up means that there is a path for you to take, and you can take it or not. That is your choice.

AFFIRMATION

'I have direction and I know where I'm going.'



BERKANAN

regrowth

TIWAZ

WHEN TIWAZ SHOWS UP

What do you value most highly?

When do you find your honour being challenged?

Where are your values or beliefs being challenged now?

What distracts from your beliefs?

In the wild, Tiwaz is pointing towards an act or behaviour that is likely to challenge your values. This literal arrow could point towards the situation or the solution. Be aware of how it shows up and in what context.

AFFIRMATION

'I always remain true to myself and my values and beliefs.'



TIWAZ

honour

BERKANAN

WHEN BERKANAN SHOWS UP

Berkanan in the wild is the marker for a period of regeneration and recovery. Look to situations where you can make little changes to help turn toxic into fertile. With this energy in your life, you can choose to make those changes in the environments you find yourself in – tiny improvements that will eventually make the world a better place.

A wild Berkanan could also be the clue to start getting ready to metaphorically hibernate through a storm that is coming.

In a reading, Berkanan is a rune that signifies that small changes need to happen to resolve the question. The toxic needs to be alchemized to get the desired outcome. It could also mean that unpleasantness needs to be weathered or hidden from until it has passed to allow new growth.

AFFIRMATION

'I am resilient. I am not my environment.'



SOWELIO

direction

EHWAZ

WHEN EHWAZ SHOWS UP

In the wild, Ehwaz indicates energy flowing to you that could broaden your horizons and send you on an adventure. In nature or anywhere else, this rune is attracted to the Ehwaz energy, the energy to get up and go, the energy to depend on your friends and be dependable.

In a reading, Ehwaz implies that there is teamwork required and/or movement away from the current situation. Perhaps a change of perspective is what is needed? Or the stretching of boundaries? I've said it a lot, but context matters.

AFFIRMATION

'I am allowed to expand my boundaries and perspective.'



EHWAZ

trust

MANNAZ

WHEN MANNAZ SHOWS UP

In both a reading and in the wild, Mannaz is a call to action for the spiritual, magical self. Trust your intuition and look for the subtle signs of energy influencing you. Do three magpies keep showing up? Or several runners with the same hat? What is the universe trying to tell you, or your magical self trying to tell you?

In a reading, where is the client ignoring the call of the spirit? The call of the Wyrd? This rune is pointing to a deficiency in the client's spiritual or physical energy. There will be clues to where this may be in the question.

AFFIRMATION

'I am powerful.'



LAGUZ

WHEN LAGUZ SHOWS UP

Laguz showing up in the wild implies there are deeper depths for you to explore, either emotionally or spiritually. Any deep-dive exploration of the self will involve a release of fear so that a deeper healing can occur. So it's a warning, readying you for what's to come. Or alternatively, it could simply be a warning that you're about to get wet. Or that rain is forecast today, so take an umbrella with you!

AFFIRMATION

'I can flow like healing water.'



LAGUZ

healing

INGWAZ

WHEN INGWAZ SHOWS UP

Ingwaz in the wild is an invitation to start a creative process, to begin a project, sow a seed. Or, if you've already started, to add more attention and focus to the project.

To be clear, any and all creativity is being called on. So, plant the avocado seed, plant the chillies, load up the drawing app, paint the wall. Create. Create a new, improved you. Take the course, dance like no one is watching, hug the tree. Do it all.

AFFIRMATION

'I create myself into being.'



OTHALA

WHEN OTHALA SHOWS UP

Where are family ties being activated?

How is home life influencing life?

What ancestral energy could be supportive?

Where could family or friends be of benefit?

Othala in the wild is a call to look to your hearth, to the energy of your home. Is it harmonious or does it require work? Where could you be more welcoming?

Where are you being too welcoming?

AFFIRMATION

'I choose my family.'



DAGAZ

WHEN DAGAZ SHOWS UP

In the wild, Dagaz is a call to change from one state to another or to get ready to change. Look to where you're ready to move, but unconsciously you've not moved yet. Dagaz wants to make the transition as easy as possible and the rune turning up implies that there is a portal, a door, a transition point coming up for you.

AFFIRMATION

'I am allowed to change.



ELEMENTS

There are four elements in this aspect of Runic cosmology. There are five, but the fifth, Wyrð is not here, it's the energy that binds all the runes together. This fifth is called aether in yogic circles or spirt in others. Or the force in certain copyrighted places.

The elements are ruled by Jotun (Yo-tun), Giants. Very primitive nature based deities. While the gods of Asgard, the ones we see represented in myth and story are relatively benevolent towards human energy, the Jotun don't give a rat's ass. And see us as a transient annoyance. Their energy is powerful and subtle. Not like the grandeur of Odin and his one eye, or Freya and her Valkyries. More the break in the power supply when you are trying to save your work. They are in the Rune Cards to help you feel the energies that are present with each rune. To help you connect more deeply to your question.



The runic element of fire is one that is not necessarily like the raging wild fire or the log fire in the camp site. It is those things, and...Fire in the northern tradition is the wildfire in the woods, the lightning strike in the pine, the cook fire in the hearth. AND the untamed volcanic reaction spewing liquid rock into the sky. And the hammer blow of the sun in the south. All different forms of fire, all slightly different depending on the rune.

There is a ruler of fire, Surtur, he is the Jotun, the giant who is the king of fire. And he lives in Muspelheim, the land of fire, surprisingly. All fire elements come under his purview. With varying degrees of success.

-029
EARTH



Earth energy in the north is that of rock and mountain, of shore and forest, of wood and peat.

Earth energy in the runes is power of ground beneath your feet, the rock of the mountain, the base needs. If it were a chakra, it would be Root. This energy is that of grounding and earthiness, base energies.

Angrboða is the mistress of earth runes, she is the Witch of the Iron wood and governs the earthy frequencies.

WATER



Water energies in runes is more along the movement energies that they embody and the powers they bring from the source of life that is water.

So water as you might tends to be the antithesis of fire, and vice versa. But in runes things are not so straight forward.

AIR



Air is the element ruled by the Giant Hræsvelgr (Hr-aes-vel-gr). He is a giant eagle that controls the winds that blow across the seas and mountains. His name could be translated as ship-wrecker. That gives you a kind of idea of how he views the world.

Air is a very fast-moving element and as such easier to dismiss, but it is essential to life. So we can't dismiss it. Air and fire tend to get on well, if you've ever blown on a campfire then you'll know that! And air and earth may find it harder.

GODS

Each rune is ruled by a god, this energy is to help spot influence and direction that may well be present in your experience of the world. Especially when you draw your Rune Card. This icon is on your cards to help you feel the energy of the god that may have an interest into you.

ODIN



Odin is the planet closest to the sun. Odin is the king of the gods, and he is a warrior, magic user, rune master and ruler. He is super interested in making sure everything works. Maybe not so much legally but as long as it works. He is also a master orator. He speaks and his words motivate millions. Odin loves the communication, the magic. So his lens is one of communication and magic. Both integral parts of leadership.

KEY WORDS

Communication, Leadership, Magic, Kingly duties, Details, harmony, management, strategy.

FREYA



Freya is the goddess of battle, fury, beauty, feminine magic and love/lust. She also likes cats. As a goddess of magic and battle she has very few limits on her desire to express herself. Using her wit, body, and magic to get her needs met, especially from men who don't think beyond their penis.

KEY WORDS

Love, beauty, joy, lust, victory, fury, cats, feminine magic

-031

TYR



Tyr is the god of war, action and honour in Asgard, the home of the Norse gods. He used to be king of the gods, but Odin took over. Probably because Odin is better at making people agree, where Tyr shouts orders. Tyr is action focused and like to think and do in the same breath. He is also super passionate and firm in honour and values. Being unshakeable in his.

KEY WORDS

Action, Focus, War, Battle, Decisions, Honour, Values, Truth

THOR



Thor is Odin's son. He has various titles, Defender of Humanity being one. Thor is massively strong and wields his hammer Mjolnir to fight off the ice giants. Thor is physically too big to walk the Bifrost sky bridge as he falls through it, so he rides his chariot pulled by two goats to get around. Or he has to walk.

KEY WORDS

Big, powerful, strength, protection, expansive



Loki gets a bad wrap. He has been demonised by Christian monks from an agent of change to a monster. Loki hates being bored. And will actively look for ways things can be changed, adapted, or torn down to make way for something that works better. In the legends Loki is completely gender fluid, fathering Hela the goddess of death, Jörmungandr the world serpent and Fenrir the wolf (remember him from earlier?). Loki also birthed Sleipnir Odin's horse. Loki (Saturn) did this while distracting a giant from building a wall. Loki only likes structures and systems that work if they even slightly don't work. He will set fire to them to see what happens. Even though he has no plan in place for what comes next. Knowing that what comes will be different, and in his mind better because of that different.

KEY WORDS

Change, Structure, Efficiency, Challenge, Evolution, Chaos, Order, Non Binary.

URD



Urd is one of the Norns, three goddesses who spin the energy of the universe into the wyrd. She is the goddess of potential. With her sisters Verðandi (meaning Now) and Skuld (meaning fate) work together to make the wyrd of the universe where everything is found. Urd all about what could be, she sees the potential for any situation. She loves to bring energy into being and allow her sisters to shape it. Urd has very little compassion and will act in what she sees is the best way. Because she handles the energy of trillions, she does not really care about one, but if you make it interesting... well... that's different.

KEY WORDS

Fate, chance, potential, destiny, purpose.

-033
NJORD



Njord is the Nordic god of the sea. Njord is the god of the unknown depths and hidden mysteries of the sea. Njord follows the tides of fate and mystery, unlocking hidden fortune or resources. And with the other hand dragging you down into inky darkness. Njord is interested in what lies beneath, dreams and altered states. Hypnotic energy, mind control, glamour magic and the depths of the soul are where his interest lies.

KEY WORDS

Dreams, Depths, Altered States, Walking between worlds, other universes.

MYRMIR



Myrmir is a Jotun (yoh-tun) a giant. He lives in deep dark icy pool. And he is a disembodied head. Which makes it hard to get out and about. Because of this Myrmir harvests all the universes wisdom to keep himself occupied. Anything that could even be slightly useful finds its way to vast memory of this bobbing head. Odin went to Myrmir to find the secrets of the runes. And that wisdom cost Odin an eye. An eye that bobs next to Myrmir in his inky dark well. He holds all the potential wisdom and power of the universe. But can't do anything about it as he is just a head.

KEY WORDS

Wisdom, knowledge, power, learning, sarcasm, development, manipulation.

And there, dear Rune Master or Mistress, or Volva, or Sel-mann, is your guide. You don't need it. But there it is.

All the power is within you.

As allways, any questions please reach out. Rich@richardlister.com.

